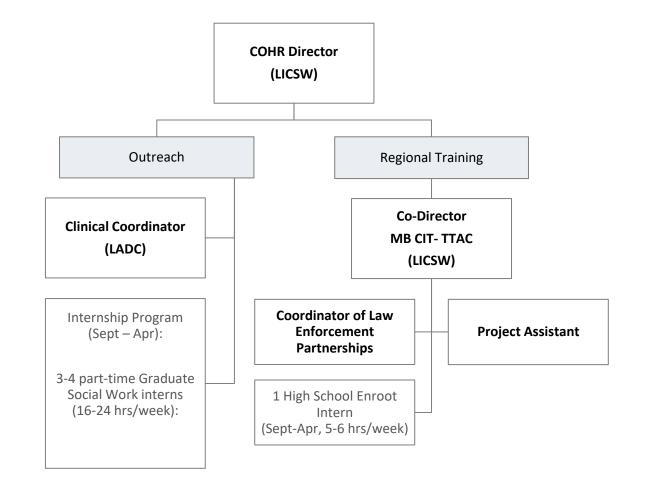
### COHR: Community Outreach, Help, and Recovery

COHR is a behavioral health unit designed to provide an *integrated health and public safety* response.

COHR is a low bar access service.

We work both independently and in collaboration with officers to connect with residents to provide supports and diversion from the criminal justice system.



## Key Elements of COHR

#### Community Outreach & Direct Service

- Clinical supports and care coordination
- Jail diversion
- Access to Detox
- Coordinated Wellness Checks
- Library Outreach/Kent St. Outreach
- Trainings for community and service providers related to Mental Health, Recovery, De-escalation and Trauma Informed Approaches.

#### Overdose After Care Team

 Partner with ACCESS to visit places where an overdose occurred to provide narcan and community resources.

#### Quarterly Stakeholder Meetings

Crisis Intervention Team Training and Technical Assistance Center (CIT-TTAC)

• Regional hub serving 58 police departments



# Crisis Intervention Team (CIT) Training & Technical Assistance Center

- 58 police agency partners
- 40 hour CIT training includes:
  - Understanding behavioral health
  - Implicit bias and race
  - Verbal and tactical de-escalation
  - Navigating community resources
  - Risk assessment tools
- Advanced Training
  - Blue Courage
  - Whole Health Resiliency
  - Recovery Coach Academy
  - Advanced De-EscalationCrisis Negotiation
  - Mental Health First Aid

- President Obama's 6 Pillars of 21st Century Policing
  - Building Trust and Legitimacy
  - Policy and Oversight
  - Technology and Social Media
  - Community Policing and Crime Reduction
  - Officer Training and Education
  - Officer Safety and Wellness
- 85% of SPD have completed CIT training