

Jake Hardy

OBJECTIVE

Seeking to join the Somerville Fire Department as a firefighter. Bringing strong problem-solving abilities, a commitment to public safety, and a passion for helping others, along with proven emergency response skills and a solid foundation in life-saving techniques.

EDUCATION

Somerville High School

Track: SHS CTE Program, Electrical Trade

Somerville, MA

Graduate, May 2022

EXPERIENCE

Head Lifeguard

Ginny Smithers Pool

Somerville, MA

October 2020-Present

- Conduct swim lessons and safety training sessions, educating children on swimming techniques and water safety practices to promote confidence and competence in the water.
- Ensure safety and well-being of all pool patrons by vigilantly monitoring activities, enforcing pool rules, and providing immediate assistance in emergency situations.
- Maintain a clean and safe pool environment by conducting regular inspections, managing chemical levels, and performing routine maintenance tasks.
- Deliver exceptional customer service by engaging with children and parents, addressing concerns, and creating a welcoming and inclusive atmosphere.
- Administer first aid and CPR to individuals in need, effectively responding to emergencies and preventing potential hazards.

Market Basket

Packager and Cart Attender

Somerville, MA

June 2018- March 2020

- Provided excellent customer service by efficiently bagging groceries and assisting customers with their purchases, ensuring a positive shopping experience.
- Maintained a clean and organized store environment by retrieving carts from the parking lot and returning them to the designated areas, contributing to store safety and customer convenience.

VOLUNTEER EXPERIENCE

Somerville High School

Solar Panel Installer

Somerville, MA

March-April 2022

- Led a team in the installation of solar panels, enhancing the school's energy efficiency and promoting sustainable practices (April 2022).
- Coordinated with school administration and local contractors to ensure proper setup and compliance with safety regulations, resulting in a significant reduction in energy costs.

ACTIVITIES

Physical Fitness and Strength Training

- *Strength Training:* Regularly engage in weightlifting exercises to maintain physical fitness.
- *Cardiovascular Training:* Participate in running, cycling, and high-intensity interval training (HIIT) to improve cardiovascular health and endurance.
- *Recreational Sports:* biking, basketball, and snowboarding

CERTIFICATIONS

- American Red Cross, Lifeguarding for Professional Rescuers and First Aid
- Emergency Medical Response: Certified in CPR and AED usage
- OSHA Construction Safety and Health Certification