

January 8, 2019

To whom it may concern:

I am interested in becoming a formal member of the Human Rights Commission. Having participated in HRC meetings for over a year and having experienced the workings and the potential of this commission I would like to join it.

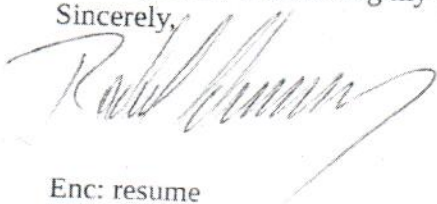
I became involved with HRC pursuant to a request for volunteers relating to immigration issues. This was the period when a lot of upsetting events started unfolding regarding immigration, and unfortunately they continue to unfold. I felt a need to do something so I responded to the request. Though HRC is not addressing immigration issues per se, it is addressing human rights issues in the city where I have lived since 1983. I wish to become more involved in my city. I would like to learn more about the residents and the presenting issues for people living in Somerville for the purpose of helping to promote fairness and equity.

My family emigrated to this country because of antisemitism. I have personal experiences with violations of human rights. Unfortunately it seems that there is no safe haven from such violations which is why there is a need for groups such as the HRC to help disseminate important information and to help advocate for corrective measures.

I am a semi-retired psychotherapist. In my work with individuals I help people work through issues that interfere with their ability to have full and satisfied lives. I think of the work of the HRC as being somewhat similar in that the attempt is to help remove barriers that limit ones human rights and thus open up opportunities for a better life.

Thank you for considering my request for formal membership in the HRC.

Sincerely,



Enc: resume

RACHEL A. SCHWARZ, ACSW, LICSW

**EXPERIENCE**

July 1996 -  
Present

**PRIVATE PRACTICE**  
Brookline, Massachusetts

- Provide psychodynamic psychotherapy to individuals, couples and families.

July 1996 -  
September 2007

**BOSTON INSTITUTE FOR PSYCHOTHERAPY, INC.**  
Brookline, Massachusetts  
Position: CLINICAL STAFF & INTAKE COORDINATOR

- Provide psychodynamic psychotherapy
- Co-lead open ended psychotherapy group
- Assess and assign cases to therapists at the Institute

July 1993 -  
June 1996

**BOSTON INSTITUTE FOR PSYCHOTHERAPY, INC.**  
Brookline, Massachusetts  
Position: SENIOR CLINICAL FELLOW

- Provide psychodynamic psychotherapy
- Co-lead open ended psychotherapy group
- Received individual, group and process supervision
- Participated in course work on technique and theory

May 1990 -  
June 1995

**ADULT / ADOLESCENT COUNSELING, INC.**  
Malden, Massachusetts  
Position: PSYCHOTHERAPIST

- Substance abuse evaluations and treatment
- Individual, couples, family and group therapy

December 1988-  
July 1990

**HERITAGE HOSPITAL**  
Somerville, Massachusetts  
Position: PSYCHIATRIC SOCIAL WORKER

- Individual, couples, family and group therapy
- Interdisciplinary collaboration
- Crisis intervention
- Disposition planning

November 1987 -  
November 1988

**DORCHESTER COUNSELING CENTER**

Dorchester, Massachusetts

Position: PSYCHOTHERAPIST

- Individual, couples, family and group therapy
- Crisis intervention

March 1986 -  
March 1987

**McLEAN HOSPITAL**

Belmont, Massachusetts

Position: CLINICAL FELLOW

- Family and marital in-patient evaluation and treatment
- Diagnostic out-patient evaluations and treatment

January 1980 -  
October 1987

**INDEPENDENT CONSULTANT TO NURSING HOMES  
PRIVATE PRACTICE**

January 1980 -  
October 1987

**J.B. THOMAS HOME HEALTH CARE**

Peabody, Massachusetts

Position: STAFF SOCIAL WORKER

September 1977 -  
January 1980

**MARY IMMACULATE NURSING HOME**

Lawrence, Massachusetts

Position: DIRECTOR OF SOCIAL WORK DEPARTMENT

November 1976 -  
September 1977

**PROVIDENT NURSING HOME**

Brighton, Massachusetts

Position: STAFF SOCIAL WORKER

**EDUCATION**

September 1974 -  
June 1976

**OHIO STATE UNIVERSITY SCHOOL OF SOCIAL WORK**  
Masters Degree in Social Work

September 1968 -  
June 1973

**CITY COLLEGE OF CITY UNIVERSITY OF NEW YORK**  
Bachelor of Arts in Psychology

**PROFESSIONAL  
AFFILIATIONS**

Academy of Certified Social Workers (ACSW)  
National Association of Social Workers (NASW)

REFERENCES AVAILABLE ON REQUEST