

**PUBLIC EVENT PERMIT APPLICATION**  
**City of Somerville, Commonwealth of Massachusetts**  
**Application #: PEL17-000006**  
**File #: 17-001004**

**Organization name:** Dysautonomia International

**Event name:** POTS Walk & 5k Race

**Description:** This event is a charity walk and 5k race. Our route starts and ends at McGlynn Middle School in Medford. Our route crosses the Mystic River into Somerville then proceeds along Shore Drive and then crosses the river again to go back into Medford. We will not be setting up any of our event materials in Somerville, we are simply passing through.

**Location:** 0 SHORE DR Walking path along Shore Drive

**Date(s):** May 6, 2017

**Rain date(s):** N/A

**Setup starts at (time):** 8am

**Event starts at (time):** 10am

**Cleanup after the event ends at (time):** 1pm

**Event ends at (time):** 12pm

**Attendees:**

Max attendance at one time: 600

Total people attending: 600

Maximum attendees accommodated:

Total Somerville residents attending: 100

**Attendee fees or suggested donations:** \$30

**What is your budget for this event:** \$6,000

**Social or cultural benefits:**

This event is to raise money for Postural Orthostatic Tachycardia Syndrome (POTS). POTS is an autonomic nervous system disorder that affects approximately 1 million Americans. This event helps awareness and money for POTS research which is desperately needed. This will be our third year holding this event and it has grown into the largest POTS fundraiser in the country. Last year we had 575 people attend and raised \$75000.

**Financial benefits:**

Our event drew 575 people to Somerville last year. We have several area businesses that support our event as sponsors.

Event Information	Yes/No	If yes, Describe
Food served?	Yes	We serve water, fruit, bagels, granola bars. But this will all be at our Start/Finish line which is in Medford
Alcohol served?	No	
Grill/open-flame device used?	No	
Streets blocked?	No	
Sidewalks blocked?	Yes	We will have people walking on the sidewalks.
<b>Arrangements:</b>		
Auxiliary Police?	No	
Police Detail:	Yes	Provided by the Medford Police Department
Parking (for Attendees)?	Yes	Parking at Hornel Stadium
Restrooms?	Yes	Restrooms at McGlynn Middle School
Liability Insurance?	Yes	Purchased through USATF
Will any public parks be used?	No	
Has the event occurred in the last two years?	Yes	May 7, 2015 May 9, 2016
Alcohol License?	No	

**Approval Conditions:**

**Reviewer:** Christine Morin, Public Works, Approved

**Reviewer:** David Monte, Police, Approved

**Reviewer:** John J. Long, City Clerk,

**Reviewer:** Jill Lathan, Recreation, Approved

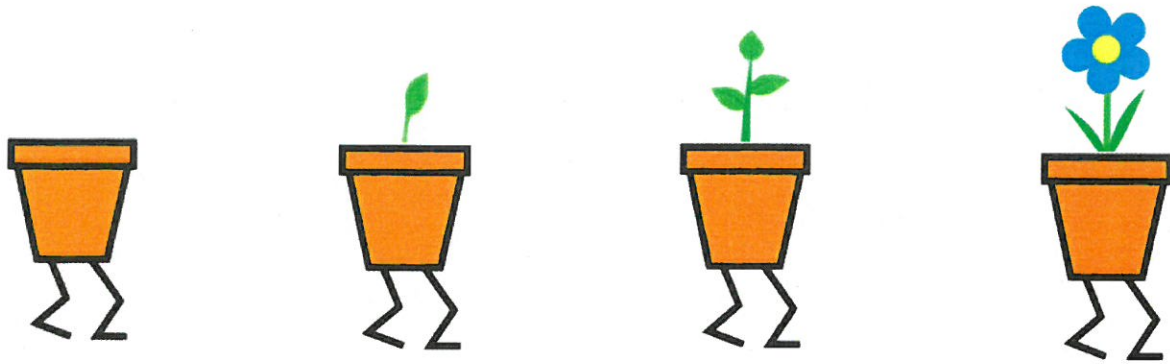
**Reviewer:** John J. Long, City Clerk, Approved

**Reviewer:** CS Mayor, Mayor's Office, Approved

**Reviewer:** John J. Long, City Clerk, Approved

**Reviewer:** CS Traffic and Parking, Traffic and Parking, Approved

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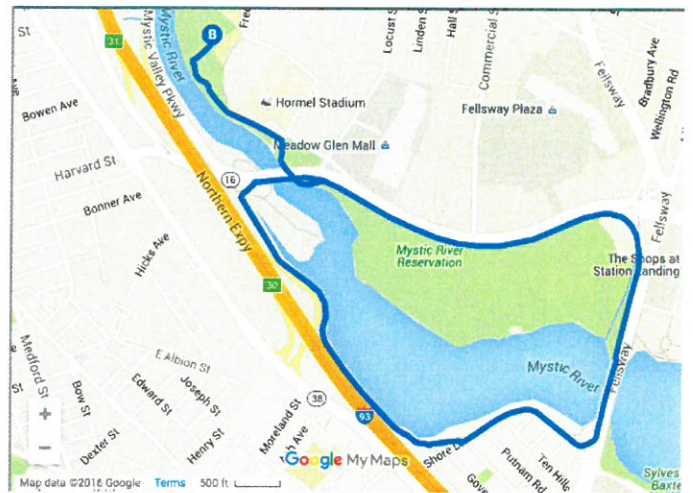


# POTS Walk & 5k Race

May 6, 2017 at 10am  
Medford, MA

**Donate  
or  
Register  
Today!!**

[www.potswalk.com](http://www.potswalk.com)



All proceeds from this event benefit Dysautonomia International in support of POTS research. Participants are welcome to join us after the race for entertainment and refreshments. POTS (Postural Orthostatic Tachycardia Syndrome) is a debilitating autonomic nervous systems disorder that affects an estimated 1 million Americans. There is currently no cure and very little awareness regarding the illness. Research funds are scarce and desperately needed.

## **POTS Walk & 5K Race Safety Plan**

We are working with the Medford and Somerville Police Departments, Medford Mayors Office, Medford Parks Department, Massachusetts Department of Conservation and Recreation, and the Principal of the McGlynn Middle School. All volunteer coordinators will be given a list of all cell phone numbers and names of key people. A volunteer orientation will be given with specific instructions in the event of an emergency.

The course will be marked with chalk arrows along the running paths, signs every .5 mile and course monitors at each turn. The course map is posted on our website and race flyer.

The race begins and ends at the Mystic River Bend Reservation behind the McGlynn Middle School. Registration will begin at 8:30 a.m. and the race will start at 10 a.m. The entire race takes place along walking paths and sidewalks along the Mystic River. The runners/walkers at no point cross traffic and no road closures are required. A police cruiser will lead the runners for the entire race either along the walking paths when possible or the adjacent roadway. The race course will be swept by the police and volunteers on bicycles before the course is closed.

Water and food will be provided after the race at the Mystic River Bend Reservation. Bathroom facilities will be available at the McGlynn Middle School. The McGlynn Middle School cafeteria will be opened in the event of inclement weather.

A first-aid tent will be located at the start/finish line. Two volunteer EMTs from MIT will be manning the first aid tent.