



CITY OF SOMERVILLE, MASSACHUSETTS
COUNCIL ON AGING

KATJANA BALLANTYNE
MAYOR

ASHLEY E. SPELIOTIS
DIRECTOR

Date: January 9, 2024
To: Distinguished Members of the Finance Committee
From: Council on Aging, Ashley Speliotis

File ID 24-0013: Requesting approval to accept and expend a \$3,000 grant with no new match required from Somerville Cambridge Elder Services to the Council on Aging for senior transportation.

Dear Members of the Finance Committee,

The Council on Aging requests your approval to accept and expend a \$3,000 grant from Somerville Cambridge Elder Services for senior transportation. This grant was awarded to the city on October 3, 2023 and must be expended by September 30, 2024. There is not a match required for these funds.

The grant funds will be used for transportation to Somerville's two senior centers so that seniors may attend programming such as: physical exercise, mental health support groups, nutrition counseling and client meetings with Council on Aging Social Workers.

Please let the IGA team know if there are any further questions on any of the above information.

Thank you,


Ashley Speliotis



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MAYOR

ASHLEY E. SPELIOTIS
DIRECTOR

Date: January 9, 2024
To: Distinguished Members of the Finance Committee
From: Council on Aging, Ashley Speliotis

File ID 24-0014: Requesting approval to accept and expend \$76,867.00 with no new match required from The Massachusetts Executive Office of Elder Affairs to the Council on Aging for social, educational, and physical wellness programming.

Dear Members of the Finance Committee,

The Council on Aging requests your approval to accept and expend \$76,867.00 from The Massachusetts Executive Office of Elder Affairs. This money was awarded to the city on November 15, 2023. There is not a match required for these funds.

The Council on Aging receives this funding from The Massachusetts State Budget in pursuant to M.G.L. 19A § 1. Based on the formula, \$14 per senior resident of Somerville, this is half of the expected FY 2024 funding. Funding is provided to ensure all older adults and their caregivers have access to programming, tools and resources needed to embrace the aging process. Funding is used to: offset the cost of large celebrations, allow all physical exercise programming to run at no cost, fund monthly entertainers at our centers, and to provide a variety of social, educational and mental health support programming.

Please let the IGA team know if there are any further questions on any of the above information.

Thank you,

Ashley Speliotis



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Date: January 9, 2024
To: Distinguished Members of the Finance Committee
From: Council on Aging, Ashley Speliotis

File ID 24-0015: Requesting approval to accept and expend a \$3,600 grant with no new match required from The Massachusetts Council on Aging for The Somerville Memory Café.

Dear Members of the Finance Committee,

The Council on Aging requests your approval to accept and expend a \$3,600 grant from The Massachusetts Councils on Aging to offset the cost of our Memory Café. This grant was awarded to the city on December 20, 2023, and must be expended by June 30, 2024. There is not a match required for these funds.

The grant funds will be used for the Council on Aging's Memory Café. A Memory Café is a safe space for those with cognitive decline, and their caregivers, to attend a social or educational event and to gain support from others in a non-judgmental setting. Led by our social work team, the Café is held once per month and consists of an activity and light dinner. Activities include art therapy, flower arranging, and interactive music performances.

Please let the IGA team know if there are any further questions on any of the above information.

Thank you,


Ashley Speliotis